

Get in Touch

Contact Ben Frimston on
020 7209 9268, or email
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Alternatively you can write to the
address below or even pop in to one
of our offices.

Origin Housing, St Richard's House,
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What do we offer

From gardening to tai chi...help with computers, yoga, food hygiene training, painting, babysitting, dog walking, shopping and much much more. Maybe you have a skill or talent that you can bring to the Time Bank? Get in touch, sign up and start to share your skills with the local community. There really is something for everyone so why not PUT YOURSELF ON THE MAP!

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A Time Bank

is a great way to get involved in your local community by sharing skills and joining group activities. Origin Time Bank Camden has been active for 3 years and has over 200 members.





An Example
 Laura needed help fixing her bike so Origin Time Bank got in touch with James who helped her get it fixed. James got a Time Credit and then used it to do some tai chi lessons.

PUT YOURSELF ON THE MAP

How it works

It works by you and other local Camden people requesting services or offering skills through the Time Bank. No money changes hands in a Time Bank. Time credits are exchanged for services, so if you give one hour then you get one time credit. You don't have to have any credits to access a service either.

How can I use it

Once you are signed up you can start to use the Time Bank straight away! We offer over 100 different skills so there is something for everyone.

-  **Origin Offices**
-  **Camden Time Banks**
-  **Origin Properties**

